Interactive Drawing Therapy Foundation Course

Wellington 2027

The IDT Foundation Course is your first step toward developing IDT skills and is open to all people who work in the 'helping professions'. This is a hands-on experiential training that will present IDT's basic principles, method and clinical frame-works, help participants become aware of the hidden messages in the client's words, images and behaviour and provide reliable guidelines for constructive interventions using IDT.

The 4-day Foundation Course comprises two x 2-day units:

Unit One introduces the basic IDT method and principles.

Unit Two introduces how IDT recognises and works with the client's different levels of issues and therapeutic stages.

FOUNDATION Unit One

- Introduces the basic method and principles of IDT
- The course builds through a series of topic modules each presented within the format of theory, demonstration, practice, reflection/questions
- Lots of hands on practical learning
- Learn to read clients overt and covert messages
- Focusses on what to do and how to do it
- By the end of unit one you will be able to use IDT with clients

FOUNDATION Unit Two

- Introduces the IDT map of the Therapeutic Process
- Learn to work with therapeutic intent to adapt interventions to client needs
- Recognise multiple levels of issues and how client needs change
- Recognise and work with multiple 'parts of the client'
- Focusses on what you are doing and why
- Must have completed Unit 1

Dates 2027

Unit One
Thursday/Friday
1-2 April
9.00 am - 4.30 pm

Unit Two
Thursday/Friday
6-7 May
9.00 am - 4.30 pm

Course Fees: Unit One and Unit Two (4 days) $ 1700 incl. GST
Unit One only (2 days) $ 850 incl. GST
Unit Two only (2 days) $ 850 incl. GST

Venue: St.Peters Church, 211 Willis Street, Te Aro, Wellington

The Wellington courses are facilitated by Mary Brownlow and Irena Stenner, both experienced IDT practitioners and teachers.

To enrol please contact Mary: marybrownlow2@gmail.com

https://www.interactivedrawingtherapy.org/