



IDT Supervisor (Available Online and Face-to-Face)

Annette Coulter

Accredited IDT Supervisor
Accredited PACFA Supervisor
Approved ANZACATA Supervisor

Individual IDT Supervision:

- An opportunity for counsellors, therapists, educators to:
- Build and extend individual IDT self-reflective practice;
- Enhance specialised IDT foundation skills & competency;
- Focus on specific IDT case work best practice.
Cost: \$150 per hour or \$200 x 1.5 hours

Group IDT Supervision:

- Monthly or Fortnightly opportunity to:
- Build on IDT skills and competencies;
- Explore/experiment new IDT interventions;
- Share case material in a supportive, respectful, creative atmosphere.
Cost: \$60 per hour x 2 hours

IDT Supervision-of-Supervision, Team Supervision

- Increase professional effectiveness;
- Enable agency's success and resourcefulness;
- Guide team consultations;
- Provide new ways to bring about change.
Cost: By negotiation

Annette has 40+ years clinical experience with children, adolescents, families & couples. She is an accredited IDT supervisor, trainer and practitioner, registered art psychotherapist, published author, practicing artist. She is a PACFA accredited supervisor and an approved supervisor with ANZACATA.

Annette's curriculum vitae is available upon request.

Contact Details:

M: +61 (0)408 822 080

E: annettecoulter@bigpond.com

W: www.artpsychotherapy.com.au