

# IDT Courses 2022 Brisbane

<https://www.interactivedrawingtherapy.org/>

## What is Interactive Drawing Therapy or IDT?

A unique page-based way of working with words, images and feelings to access different part of clients' deeper selves. The page becomes a mirror for your client, helping them see themselves more objectively from new perspectives and facilitating insight, inner resourcefulness and profound change. A unique map of the stages of the therapeutic journey guides you through the tasks, challenges, risks and interventions of each stage, dramatically increasing your effectiveness and ability to work safely.

## IDT Foundation Courses (Brisbane - Kelvin Grove) 6-7 June (U1), 20-21 June (U2) - Facilitator: Florence Ee

The IDT Foundation Course is your first step toward developing IDT skills and is open to all people who work in the 'helping professions'. This is a hands-on experiential training that will present IDT's basic principles, method and clinical frame-works, help participants become aware of the hidden messages in the client's words, images and behaviour and provide reliable guidelines for constructive interventions using IDT.

The 4-day Foundation Course comprises two x 2-day units: Unit One introduces the basic IDT method and principles. Unit Two introduces how IDT recognises and works with the client's different levels and stages. Register: <https://www.trybooking.com/BXANW>

## IDT Working with Children and Adolescents (Online) 3-Part Training : 12, 19 & 26 November - Facilitator: Florence

Children and adolescents have different developmental capacities requiring us to modify our use of IDT. The course maps the key developmental stages of the young person to provide guidelines for interventions. One of IDT's principles is to 'be where the client is', this includes meeting their psychological age. Learn to work collaboratively, developing the page with the young client. A three-part online training, participants must have completed the IDT Foundation Course. Register: <https://www.trybooking.com/BXQBH>

For more information, please email:

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