

MAY 4-5TH 2026 (MONDAY AND TUESDAY)

VENUE: SUMNER LIBRARY

MATUKU TAKOTAKO: SUMNER CENTRE

14/16 WAKEFIELD AVENUE, SUMNER



COST: \$550.00

INC ALL MATERIALS

To register email

Aluminé Andrew

journeycentrechch@gmail.com



INTERACTIVE DRAWING THERAPY

Tutor: Mary Brownlow

IDT UNIT 2:

Jump in to 2026 with the next IDT professional development opportunity to deepen your practice and support your clients at depth!! The Foundation Course has 2 units.

Unit 2 will be held 3-4 may 2026.

Unit Two introduces how IDT recognises and works with the client's different levels of issues and therapeutic stages. Must have completed Unit 1

For more information and register contact:

Aluminé Andrew

journeycentrechch@gmail.com



The IDT Foundation Course is your training toward developing IDT skills and is open to all people who work in the 'helping professions'. This is a hands-on training that will present IDT's basic principles, method and clinical frameworks, help participants become aware of the meaning in the client's words, images and behaviour and provide reliable guidelines for constructive interventions using IDT. The course builds through a series of topic modules each presented within the format of theory, demonstration, practice, reflection/questions.

Therapeutic Process: Learn to work with therapeutic intent to adapt interventions to client needs. Recognise multiple levels of issues and how client needs change. Learn to read clients' overt and covert messages.

Focuses on what to do and how to do it.

Recognise and work with multiple 'parts of the client'.

Focuses on what you are doing and why.

- Must have completed Unit 1

For more information email:

alumineandrew@gmail.com

<https://www.interactivedrawingtherapy.org>