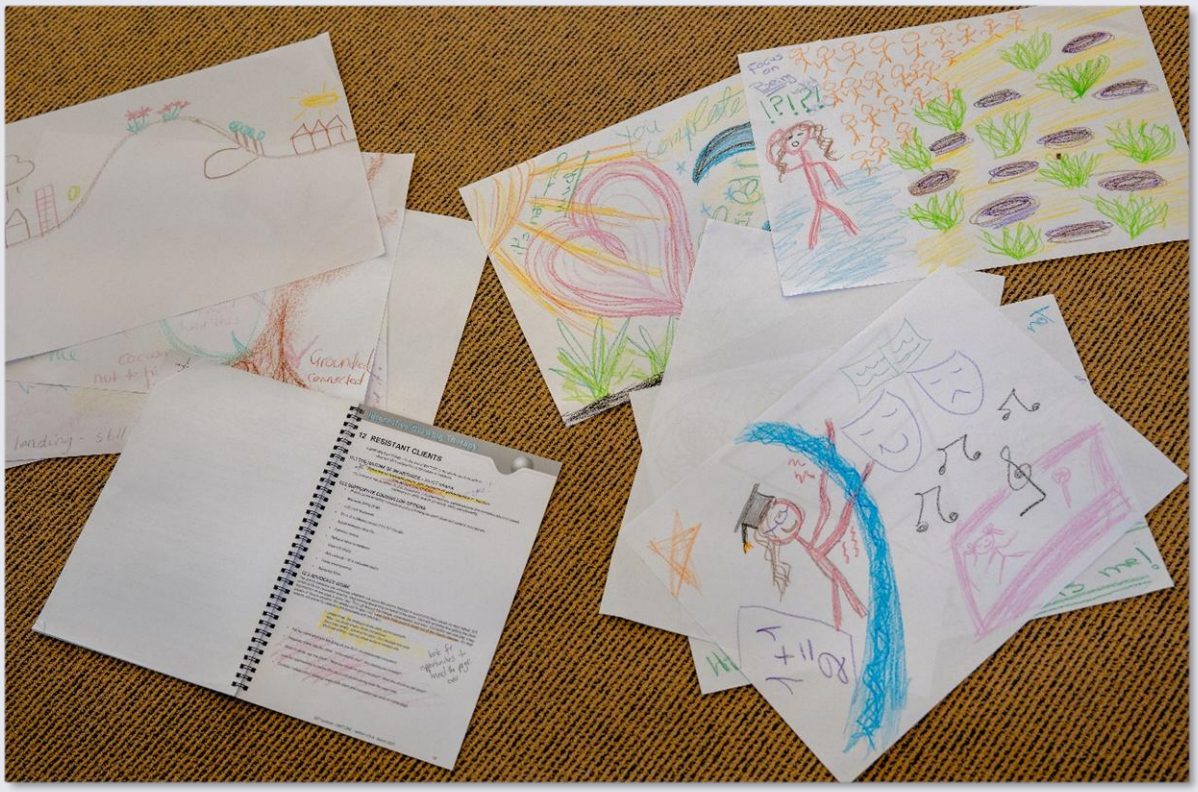

Online IDT Practice Workshop

Saturday, 5 December 2026
2-4pm (SA), 2.30-4.30pm (VIC, NSW), 1.30-3.30pm (QLD), 4.30-6.30pm (NZ)

Have you completed an IDT Foundation course in the past and are looking for an opportunity to practice and develop your IDT knowledge and skills?

Join the online IDT practice workshop, where you receive assistance with self-reflection & development as IDT therapists, review IDT method and interventions, share case material and experience a supportive space for IDT practice.

Facilitator Frauke Hobbs, an accredited IDT trainer, supervisor and senior practitioner, will facilitate the online session. Participants need to have completed the IDT Foundation Course, Unit One & Two.

Workshop fee: $60 + GST (Please note additional international funds transfer fees apply)

Beyond Talk
COUNSELLING

To register contact Frauke Hobbs at
beyondtalktherapies@gmail.com